

CHERRY TREE PRIMARY SCHOOL

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What new teaching content will there be?

PSHE is about children's everyday lives, and needs to reflect new and emerging issues that children are exposed to. So, there is new content to teach at key stages 1 and 2 in addition to slight amendments to some existing content, while other aspects remain the same.

What new content will you need to be aware of?

- 1) There's a greater focus on online safety and wellbeing. For example, pupils will learn about online financial harms such as gaming, video game monetisation, scams and fraud – as well as the reasons for age restrictions on online content such as gambling websites and social media.
- 2) The new guidance also includes content on helping pupils to critically engage with what they see online and recognise their rights – for example in relation to privacy, consent and personal data (with new learning around the importance of location settings for instance).
- 3) Within health education, there's still an emphasis on helping pupils understand their bodies and the changes they might experience – and now, this includes learning the correct names for body parts (including genitalia). This reflects established best practice when it comes to giving children the knowledge and understanding they need to stay safe, including the ability to identify and report signs of abuse, while reducing stigma. Cherry Tree Primary School has been teaching this effectively for years as part of their approach to safeguarding, but this addition to the statutory guidance brings welcome clarification and reassurance.
- 4) We're really pleased to see the addition of 'personal safety' to the statutory content, with an emphasis on recognising and reducing risk, in the context of fire and travel safety – for example around water, roads and railways.

There's new learning around change and loss, including bereavement; recognising that this can cause a range of feelings, and that everyone grieves differently.

The guidance also includes an increased emphasis on skills as well as knowledge. For example, within relationships education there's new learning around communicating effectively, and developing the ability to be assertive and to express needs and boundaries. There's also an emphasis on skills for managing difficult feelings in the context of relationships, such as disappointment, frustration and loneliness – and these skills are highlighted in online contexts too. For example, pupils will now learn strategies for resisting pressure to share information or images online.

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How will this be taught in September?

We will be using My Happy Mind Plus which covers all aspects of the PSHE and RSE curriculum. If you would like to find out more information on My Happy Mind then please feel free to drop in to our consultation meeting.

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